

Cedar Valley's Searching for State Champs Winter Golf Program

We are excited to bring to you this third year program. We are looking to assist young golfers with improving their games. We will begin this year's program the week of February 2nd, 2009. We will hold this year's program at the West High School Baseball/Softball Indoor Complex. This is located on the West side of West High School, next to the Baseball/Softball complex.

We will be modeling this program after the very successful program hosted by Kevin Beard, PGA Golf Professional at Otter Creek Golf Course in Ankeny, Iowa.

Students may sign up for the Monday/Wednesday or Tuesday/Thursday class. A maximum of 12 students will be in each session. Each night we will deal in two separate areas, full swing and short game/classroom. Each area we will rotate after 45 minutes. Students should arrive no earlier than 4:15 for the 4:30 session and no earlier than 5:45 for the 6:00 session. The building will close at 7:45 each night.

If we have more interest than the scheduled 24 students we will add more dates, times and additional teachers. **Greg Mason**, Head PGA Golf Professional, will be the lead instructor and main contact for inquiries into the program.

Schedule dates for the 2009 program are as follows:

Mon/Wed	February 2, 4, 9, 11, 16, 18, 23, 25, March 2, 4, 9, 11
Tues/Thurs	February 3, 5, 10, 12, 17, 19, 24, 26, March 3, 5, 10, 12

This Winter Program is designed for students in 6th grade through High School, and those still playing or heading into college. Students should be very serious about their golf and should be interested in competing on the high school golf team(s) and into college.

Class sizes are limited. There is a tremendous amount of shuffling after we receive your requests as some students have conflicts with other sports or activities. We will try to group the students according to current skills, age and their individual schedule. If it is important that your student go to the same session as another student, please tell us on the registration form.

Winter Program Details

One of our top goals for students enrolled in the winter program is that they will be more aware of what a good swing looks like and feels like. We hope students will be able to understand their misses better, and have ideas on how to fix problems that develop in their swing throughout the season. We use video analysis extensively in this program. We will provide each student with a notebook to use. This notebook covers everything we will cover in the program and more.

We test for club head speed with speed monitors. We use impact tape provided by certain golf companies to help the students understanding of where the ball is contacting the clubface. The students will see their swing many times throughout the school.

We use a variety of weighted devices, working on building strength while performing a solid golf swing. Rules of Golf will be covered during a lot of our classroom time.

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Casual attire is recommended. Tennis shoes are best, allowing the student to swing while on a mat or a concrete floor covered with carpet. Golf shoes would be slick; dress shoes with higher heels are not conducive to the athletic swing we teach.

Weather problems generally happen in our program. If school is canceled, so will golf class that evening.

If a student misses a class, there will not be make-ups, although we will try to catch them up on what we have been teaching. If a student cannot make their class, they should come to other classes on the same night. Another option is that they can make it up on the opposite class night. Monday and Tuesday classes are the same; Wednesday and Thursday classes are the same.

By January 20th, the classes will have been formed and we will get to you specific information on class schedules, participants in each class, a number of contacts for the cancellations due to weather, and other contacts in the program. We can e-mail this information to those who provide e-mail addresses, while we will use the regular mail for those who don't. If you have additional questions, please call 230-4934.

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First: _____ Last: _____

Age: _____ Current Grade: _____ Phone: _____

E-mail address: _____

Home address: _____ City, Zip _____

Parents or Guardian Name: _____

Emergency phone number: _____

Please indicate your preferred session time with numbers 1, 2, 3, 4 in your requested order, with #1 being your first preference.

		Mon/Wed	Tues/Thurs	Comments
Session #1	4:00 to 5:30	_____	_____	
Session #2	5:30 to 7:00	_____	_____	

Please answer the following questions accurately to help with class pairings.

How many years have you played golf? _____
 What is your best score for 9 holes? _____ 18 holes? _____
 What course do you play most often? _____
 What High School will you be attending? _____
 Who else have you taken lessons from? _____

Please indicate your juniors top goals for golf next year and beyond.

	2009	Beyond
College Golf Scholarship	_____	_____
High School Varsity	_____	_____
High School Junior Varsity	_____	_____
High School Freshman Team	_____	_____
Becoming a better player	_____	_____

Cost for the program is \$210. For any additional family members in the program, please deduct \$50 from the fee. Please send a check along with your registration to:

Greg Mason
P.O. Box 427
Dike, Iowa 50624

If you have any questions, please call 319-230-4934. Entry deadline is January 17th. Groupings will be made and notice given by January 23rd.